

# EMERGENCY DEPARTMENT VISITS FOR OVERDOSE BY OPIOID, UNSPECIFIED SUBSTANCE AND HEROIN AMONG VIRGINIA RESIDENTS

### February 2018

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Please direct questions or comments to the Division of Surveillance and Investigation, Enhanced Surveillance Team: syndromic@vdh.virginia.gov



#### **Background**

The Virginia Department of Health (VDH) currently receives data on visits to 77<sup>§</sup> acute care hospital emergency departments (EDs) and 13 free-standing EDs in Virginia for purposes of public health surveillance. The purpose of this report is to characterize ED visit trends for acute unintentional overdose by opioids and heroin among Virginia residents.

Chief complaints and discharge diagnoses of ED visits are analyzed by VDH to identify and monitor issues of public health concern across Virginia. The chief complaint is a free-text field that captures the patient's primary reason for seeking medical care as interpreted by the ED registration staff. The discharge diagnosis is a coded field using standardized values defined by the International Classification of Diseases (ICD) 9<sup>th</sup> and 10<sup>th</sup> Revision code sets.

#### Methodology

ED visits identified as unintentional overdose by opioid or unspecified substance include those with medical and non-medical use of a prescription opioid or where the substance is not specified, given evidence that the majority of fatal overdoses are opioid-related. Visits must meet the following inclusion and exclusion criteria:

- Inclusion terms from Chief Complaint or Discharge Diagnosis: overdose, OD, sobredosis, opioid, opiate, opium, narcotic, Narcan, naloxone, E850.1, E850.2, 965.00, 965.02, 965.09, 977.9, T40.0X1, T40.0X4, T40.2X1, T40.2X4, T40.3X1, T40.3X4, T40.4X1, T40.4X4, T40.601, T40.604, T40.691, T40.694, T50.901, T50.904
- Exclusions terms from Chief Complaint or Discharge Diagnosis: heroin, herion, heron, 965.01, T40.1X, suicide, alcohol
  overdose alone, withdrawal, detoxification, rehab, addiction, dependency, mental health or psychological evaluation,
  allergies, constipation, chronic pain, refill requests, and any specified non-opioid drug or medication

ED visits identified as unintentional overdose by heroin must meet the following inclusion and exclusion criteria:

- Inclusion terms from Chief Complaint or Discharge Diagnosis: heroin, herion, 965.01, E850.0, T40.1X1A, T40.1X4A
- Exclusions terms from Chief Complaint or Discharge Diagnosis: suicide, withdrawal, detoxification, rehab, and addiction

These criteria were revised in September 2016 and again in August 2017 to improve specificity in the identification of ED visits for unintentional drug overdose. Readers are strongly encouraged to review <a href="syndromic surveillance">syndromic surveillance</a> <a href="data limitations">data limitations</a> when interpreting this report.

A technical issue resulted in underreporting of ED visits published in the November 2017 monthly report; this issue is corrected as of the December 2017 monthly report.

ED visits for unintentional overdose by opioid or unspecified substance and heroin are presented by count or rate per 100,000 population. Rates are calculated using U.S. Census Bureau 2016 population estimates. To protect confidentiality and maintain accurate rate calculations, ED visit counts of 1 to 4 and rates with numerators of 1 to 4 are suppressed in this report. Counts of 0 are included.

The geographic location is assigned based on the patient's residential zip code provided. A single zip code may span multiple city and county localities in Virginia. If a patient resides in such a zip code, the visit is assigned to the locality where the majority of the population resides. Virginia city and county populations combined to calculate a rate per 100,000 population because of zip codes spanning multiple localities can be found in Appendix 1.

§ In June 2017, several data reporting changes occurred. Please consider the following changes when interpreting the contents of this report. A single healthcare system in the Eastern Health Planning Region became unable to report data starting June 2017; reducing the number of reporting EDs to 77 out of an expected 82 acute care hospital EDs and 13 free-standing EDs. Any observed decreases in the count or rate of overdoses in the Eastern Region may be artificially low because of this change. Additionally, one acute care hospital ED in the Northwest Health Planning Region improved its data quality supporting more accurate capture of overdose visits, thereby increasing the count and rate for the Northwest Region as of June 2017.



#### **Highlights for February 2018**

Statewide ED visits for overdose by opioid or unspecified substance among Virginia residents decreased by less than 1% from January 2018 (596 visits) to February 2018 (593 visits) with February having the lowest monthly count in the last 12 months (<u>Figure 1A</u>). The total Year-to-Date (January to February) count of ED visits is 18% lower in 2018 as compared to 2017, and 5% lower as compared to 2016 (<u>Figure 1B</u>).

- Among the 5 VDH health planning regions, rates of visits for overdose by opioid or unspecified substance were highest in the Southwest (10.3 per 100,000) and Central (9.0 per 100,000) regions. The lowest rates were in the Northern (4.5 per 100,000) and Eastern (5.3 per 100,000) regions (Figure 1C). The Year-to-Date 2018 counts for all regions, except the Northwest region, are lower than their 2017 visit counts (Figure 1D).
- By sex, there has been no significant difference in the proportion of visits for overdose by opioid or unspecified substance between females and males in the past 12 months (Figure 1E).
- By age group, the number of visits for overdose by opioid or unspecified substance among 25-34 year olds decreased by 7%, but this age group still had the highest rate in January (11.5 per 100,000) (Figure 1F). The 45-54 year old age group saw a visit increase of 27% (7.7 per 100,000).

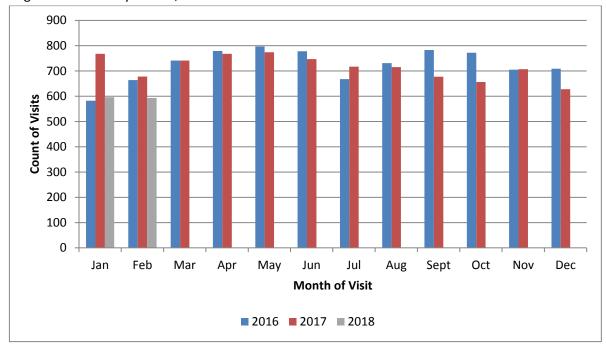
Statewide ED visits for overdose by heroin among Virginia residents increased by 19% from January 2018 (89 visits) to February 2018 (106 visits) (<u>Figure 2A</u>). The total Year-to-Date (January to February) count of ED visits is 27% lower in 2018 compared to 2017, and 33% higher as compared to 2016 (<u>Figure 2B</u>).

- Among the 5 <u>VDH health planning regions</u>, rates of visits for overdose by heroin were highest in the Northwest (1.9 per 100,000), Eastern (1.6 per 100,000) and Central (1.6 per 100,000) regions. The Central and Southwest regions saw a visit increase of 77% and 30%, respectively, from January 2018 (<u>Figure 2C</u>). The Year-to-Date 2018 counts for all regions are lower than their 2017 visit counts (<u>Figure 2D</u>).
- By sex, males contributed significantly (p-value < 0.01) more visits for overdose by heroin as compared to females in the past 12 months (Figure 2E).
- By age group, the rate of visits for overdose by heroin was the highest in the 25-34 year old age group (3.8 per 100,000) in February 2018, and the rate for this age group has been higher than any other age groups for the past 12 months. The 45-54 and 15-24 year old age groups saw a visit increase of 71% (1 per 100,000) and 38% (1.6 per 100,000), respectively, from January 2018 (Figure 2F).

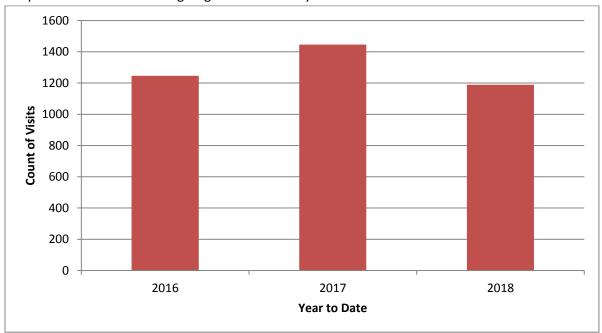


## **Emergency Department Visits for Unintentional Overdose by Opioid or Unspecified Substance among Virginia Residents**

**Figure 1A**. Count of ED Visits for Unintentional Overdose by Opioid or Unspecified Substance among Virginia Residents by Month, 2016 - 2018.

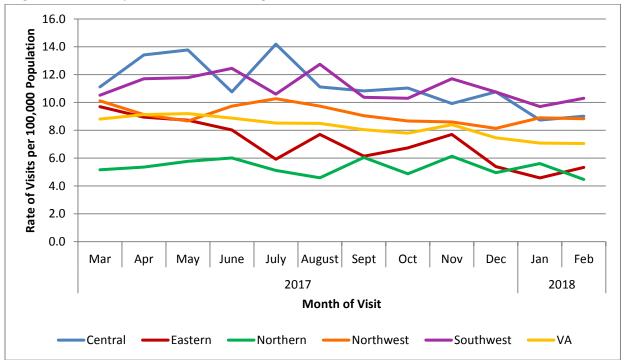


**Figure 1B**. Year-to-Date Count (January-February) of ED Visits for Unintentional Overdose by Opioid or Unspecified Substance among Virginia Residents by Year.

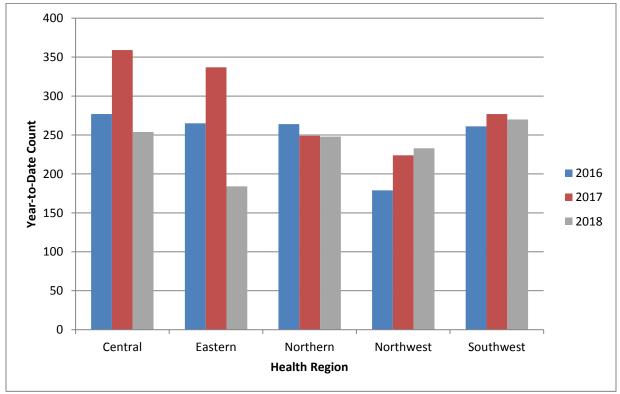




**Figure 1C**. Rate of ED Visits for Unintentional Overdose by Opioid or Unspecified Substance among Virginia Residents by Month and Health Region, Most Recent 12 Months.

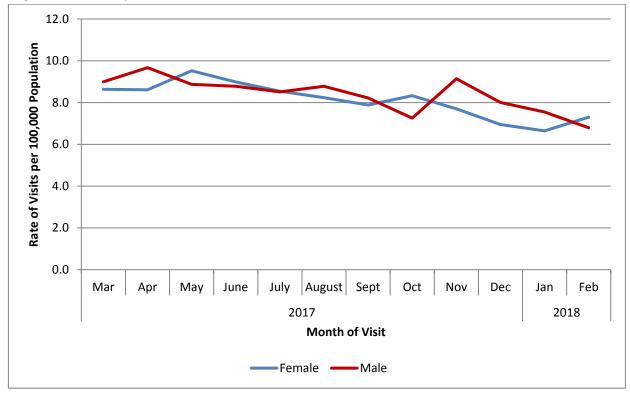


**Figure 1D.** Year-to-Date Count (January-February) of ED Visits for Unintentional Overdose by Opioid or Unspecified Substance among Virginia Residents by Year and Region.

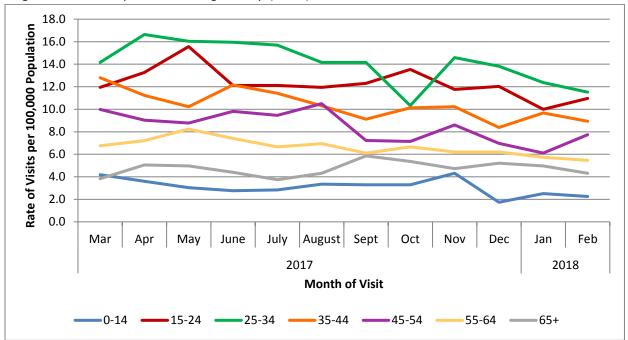




**Figure 1E**. Rate of ED Visits for Unintentional Overdose by Opioid or Unspecified Substance among Virginia Residents by Month and Sex, Most Recent 12 Months.



**Figure 1F**. Rate of ED Visits for Unintentional Overdose by Opioid or Unspecified Substance among Virginia Residents by Month and Age Group (Years), Most Recent 12 Months.





**Table 1A**. Count and Rate per 100,000 Population of ED Visits for Unintentional Overdose by Opioid or Unspecified Substance among Virginia Residents by Month and Health District, Most Recent 5 Months<sup>†\*</sup>

Haalah District	2016	Oct 2	2017	Nov	2017	Dec	2017	Jan 2	2018	Feb	2018	5-month	Average
Health District	Population Estimate	Count	Rate	Count <sup>^</sup>	Rate								
Alexandria	155,810	15	9.6	7	4.5	8	5.1	9	5.8	6	3.9	9	5.8
Alleghany	179,082	17	9.5	18	10.1	17	9.5	16	8.9	13	7.3	16	9.0
Arlington	230,050	7	3.0	*	*	6	2.6	14	6.1	*	*	7	3.0
Central Shenandoah	296,650	19	6.4	18	6.1	20	6.7	23	7.8	18	6.1	20	6.6
Central Virginia	260,232	10	3.8	26	10.0	14	5.4	24	9.2	17	6.5	18	7.0
Chesapeake	237,940	25	10.5	30	12.6	19	8.0	13	5.5	20	8.4	21	9.0
Chesterfield	385,224	44	11.4	33	8.6	39	10.1	32	8.3	32	8.3	36	9.3
Chickahominy	155,278	10	6.4	8	5.2	10	6.4	5	3.2	7	4.5	8	5.2
Crater	155,665	8	5.1	9	5.8	8	5.1	9	5.8	8	5.1	8	5.4
Cumberland Plateau	106,666	10	9.4	18	16.9	17	15.9	6	5.6	11	10.3	12	11.6
Eastern Shore	45,086	0	0	0	0	0	0	0	0	0	0	0	0.0
Fairfax	1,176,830	60	5.1	71	6.0	66	5.6	63	5.4	58	4.9	64	5.4
Hampton	135,410	17	12.6	10	7.4	*	*	9	6.6	9	6.6	10	7.2
Henrico	326,501	46	14.1	40	12.3	53	16.2	33	10.1	35	10.7	41	12.7
Lenowisco	89,201	17	19.1	*	*	10	11.2	11	12.3	5	5.6	9	10.5
Lord Fairfax	232,295	23	9.9	28	12.1	34	14.6	35	15.1	30	12.9	30	12.9
Loudoun	385,945	20	5.2	36	9.3	20	5.2	26	6.7	22	5.7	25	6.4
Mount Rogers	189,178	15	7.9	13	6.9	18	9.5	12	6.3	15	7.9	15	7.7
New River	182,876	9	4.9	16	8.7	16	8.7	18	9.8	9	4.9	14	7.4
Norfolk	245,115	25	10.2	25	10.2	18	7.3	12	4.9	15	6.1	19	7.8
Peninsula	351,436	11	3.1	19	5.4	10	2.8	13	3.7	15	4.3	14	3.9
Piedmont	102,752	12	11.7	8	7.8	5	4.9	8	7.8	7	6.8	8	7.8
Pittsylvania-Danville	103,585	19	18.3	13	12.6	11	10.6	8	7.7	18	17.4	14	13.3
Portsmouth	95,252	9	9.4	15	15.7	16	16.8	10	10.5	12	12.6	12	13.0
Prince William	512,608	18	3.5	33	6.4	22	4.3	26	5.1	20	3.9	24	4.6
Rappahannock	360,830	23	6.4	22	6.1	21	5.8	25	6.9	26	7.2	23	6.5
Rappahannock-Rapidan	175,151	25	14.3	21	12.0	15	8.6	18	10.3	21	12.0	20	11.4
Richmond City	223,170	35	15.7	37	16.6	30	13.4	35	15.7	36	16.1	35	15.5
Roanoke	99,660	18	18.1	32	32.1	23	23.1	10	10.0	16	16.1	20	19.9
Southside	82,127	*	*	7	8.5	9	11.0	*	*	*	*	5	6.3
Thomas Jefferson	249,537	24	9.6	24	9.6	17	6.8	16	6.4	21	8.4	20	8.2
Three Rivers	140,950	7	5.0	6	4.3	*	*	0	0	*	*	4	2.8
Virginia Beach	452,602	20	4.4	34	7.5	22	4.9	22	4.9	21	4.6	24	5.3
West Piedmont	138,882	24	17.3	18	13.0	19	13.7	26	18.7	35	25.2	24	17.6
Western Tidewater	152,232	11	7.2	*	*	7	4.6	6	3.9	*	*	6	4.2
VIRGINIA TOTAL	8,411,808	656	7.8	707	8.4	628	7.5	596	7.1	593	7.0	636	7.6

<sup>†</sup> Population based on 2016 U.S. Census estimates available at <a href="https://www.census.gov/popest/">www.census.gov/popest/</a>

<sup>\*</sup> Visit counts of 1 to 4 and rates with numerators of 1 to 4 are suppressed to maintain confidentiality and accurate rate calculations.

<sup>^</sup> The 5-month average count was rounded to the nearest integer.



**Table 1B**. Count and Rate per 100,000 Population of ED Visits for Unintentional Overdose by Opioid or Unspecified Substance among Virginia Residents by Month and City/County Locality, Most Recent 5 Months<sup>†‡\*</sup>

	2016	Oct 2	2017	Nov	2017	Nov	2017	Jan 2	2018	Feb 2	2018
Locality	Population Estimate	Count	Rate								
Accomack County	32,947	0	0	0	0	0	0	0	0	0	0
Albemarle County <sup>‡</sup>	153,790	9	9.1	*	*	*	*	5	5.2	5	5.2
Alleghany County <sup>‡</sup>	21,113	*	*	0	0	*	*	5	23.7	*	*
Amelia County	12,913	*	*	*	*	*	*	0	0	0	0
Amherst County	31,633	*	*	*	*	*	*	*	*	*	*
Appomattox County	15,475	0	0	0	0	0	0	*	*	*	*
Arlington County	230,050	7	3.0	*	*	6	2.6	14	6.1	*	*
Augusta County <sup>‡</sup>	121,247	*	*	*	*	*	*	5	9.1	*	*
Bath County	4,476	0	0	0	0	*	*	0	0	0	0
Bedford County	77,960	*	*	9	11.5	6	7.7	9	11.5	*	*
Bland County	6,513	0	0	0	0	0	0	*	*	0	0
Botetourt County	33,231	*	*	*	*	*	*	*	*	*	*
Brunswick County	16,243	0	0	0	0	*	*	0	0	0	0
Buchanan County	22,178	*	*	0	0	*	*	*	*	*	*
Buckingham County	17,048	*	*	*	*	0	0	*	*	0	0
Campbell County	54,952	*	*	7	12.7	*	*	*	*	*	*
Caroline County	30,178	*	*	*	*	6	19.9	*	*	*	*
Carroll County	29,531	*	*	*	*	*	*	*	*	*	*
Charles City County	7,071	*	*	0	0	*	*	*	*	0	0
Charlotte County	12,129	*	*	0	0	*	*	*	*	*	*
Chesterfield County <sup>‡</sup>	356,781	41	11.8	31	8.7	35	10.1	28	8.7	30	8.7
Clarke County	14,374	0	0	0	0	*	*	*	*	0	0
Craig County	5,158	*	*	*	*	0	0	*	*	0	0
Culpeper County	50,083	5	10.0	6	12.0	6	12.0	*	*	*	*
Cumberland County	9,652	0	0	0	0	*	*	0	0	*	*
Dickenson County	14,968	*	*	*	*	5	33.4	*	*	*	*
Dinwiddie County	28,144	0	0	0	0	*	*	0	0	0	0
Essex County	11,123	0	0	*	*	0	0	0	0	0	0
Fairfax County <sup>‡</sup>	1,176,830	57	5.1	70	6.0	66	5.6	63	5.4	58	4.9
Fauquier County	69,069	11	15.9	11	15.9	7	10.1	*	*	12	17.4
Floyd County	15,731	0	0	0	0	0	0	0	0	*	*
Fluvanna County	26,271	*	*	*	*	*	*	*	*	*	*
Franklin County	56,069	6	10.7	*	*	*	*	8	14.3	6	10.7
Frederick County <sup>‡</sup>	111,937	8	12.5	7	13.4	8	16.1	5	15.2	5	9.8
Giles County	16,857	*	*	*	*	*	*	*	*	0	0
Gloucester County	37,214	0	0	*	*	0	0	0	0	0	0
Goochland County	22,668	0	0	0	0	*	*	0	0	*	*



	2016	Oct 3	Oct 2017		2017	Nov	2017	Jan 2	2019	Feb 2018	
Locality	Population		2017		2017		2017		2010		2018
	Estimate	Count	Rate	Count	Rate	Count	Rate	Count	Rate	Count	Rate
Grayson County <sup>‡</sup>	21,882	*	*	0	0	*	*	*	*	0	0
Greene County	19,371	*	*	*	*	*	*	*	*	*	*
Greensville County <sup>‡</sup>	17,011	*	*	*	*	*	*	*	*	*	*
Halifax County	34,992	*	*	*	*	*	*	0	0	*	*
Hanover County	104,392	8	7.7	7	6.7	5	4.8	*	*	6	5.7
Henrico County	326,501	46	14.1	40	12.3	53	16.2	33	10.1	35	10.7
Henry County <sup>‡</sup>	64,890	15	23.1	14	21.6	17	27.7	15	23.1	24	37.0
Highland County	2,216	0	0	0	0	0	0	0	0	0	0
Isle of Wight County	36,596	*	*	0	0	*	*	*	*	0	0
James City County	74,404	*	*	5	6.7	0	0	5	6.7	5	6.7
King and Queen County	7,159	0	0	0	0	*	*	0	0	0	0
King George County	25,984	*	*	*	*	*	*	*	*	*	*
King William County	16,334	*	*	*	*	*	*	0	0	0	0
Lancaster County	10,972	*	*	*	*	0	0	0	0	*	*
Lee County	24,179	*	*	*	*	*	*	*	*	0	0
Loudoun County	385,945	20	5.2	36	9.3	20	5.2	26	6.7	22	5.7
Louisa County	35,236	5	14.2	9	25.5	6	17.0	*	*	8	22.7
Lunenburg County	12,273	0	0	*	*	*	*	*	*	0	0
Madison County	13,078	0	0	*	*	0	0	0	0	*	*
Mathews County	8,782	0	0	0	0	0	0	0	0	0	0
Mecklenburg County	30,892	*	*	*	*	*	*	*	*	*	*
Middlesex County	10,778	*	*	0	0	0	0	0	0	0	0
Montgomery County <sup>‡</sup>	116,085	*	*	10	9.5	6	6.9	7	8.6	*	*
Nelson County	14,869	*	*	*	*	0	0	*	*	0	0
New Kent County	21,147	*	*	*	*	0	0	*	*	0	0
Northampton County	12,139	0	0	0	0	0	0	0	0	0	0
Northumberland County	12,222	*	*	0	0	0	0	0	0	*	*
Nottoway County	15,595	*	*	*	*	0	0	0	0	*	*
Orange County	35,533	9	25.3	*	*	*	*	10	28.1	*	*
Page County	23,654	*	*	0	0	*	*	*	*	*	*
Patrick County	17,923	*	*	*	*	0	0	*	*	5	27.9
Pittsylvania County <sup>‡</sup>	103,585	*	*	*	*	*	*	*	*	5	17.4
Powhatan County	28,443	*	*	*	*	*	*	*	*	*	*
Prince Edward County	23,142	*	*	0	0	0	0	*	*	*	*
Prince George County	92,462	*	*	*	*	0	0	*	*	0	0
Prince William County <sup>‡</sup>	512,608	17	3.5	32	6.4	19	4.3	22	5.1	17	3.9
Pulaski County	34,203	*	*	*	*	*	*	7	20.5	*	*
Rappahannock County	7,388	0	0	0	0	0	0	*	*	0	0
Richmond County	8,774	0	0	*	*	0	0	0	0	0	0
Roanoke County <sup>‡</sup>	219,240	5	13.2	8	20.1	6	16.9	6	7.8	5	11.4



	2016	Oct 2	2017	Nov	2017	Nov	2017	Jan 2	2018	Feb	2018
Locality	Population										
	Estimate	Count	Rate								
Rockbridge County <sup>‡</sup>	35,889	*	*	*	*	*	*	*	*	*	*
Rockingham County <sup>‡</sup>	132,822	7	6.8	7	6.0	*	*	5	5.3	7	6.0
Russell County	27,370	*	*	9	32.9	*	*	*	*	*	*
Scott County	21,930	*	*	0	0	0	0	*	*	0	0
Shenandoah County	43,175	5	11.6	6	13.9	7	16.2	*	*	6	13.9
Smyth County	31,062	5	16.1	*	*	*	*	5	16.1	7	22.5
Southampton County <sup>‡</sup>	26,363	0	0	0	0	*	*	0	0	0	0
Spotsylvania County	132,010	8	6.1	11	8.3	8	6.1	11	8.3	9	6.8
Stafford County	144,361	7	4.8	*	*	5	3.5	9	6.2	7	4.8
Surry County	6,544	*	*	0	0	0	0	0	0	0	0
Sussex County	11,504	0	0	*	*	0	0	0	0	0	0
Tazewell County	42,150	*	*	6	14.2	5	11.9	*	*	*	*
Warren County	39,155	*	*	7	17.9	*	*	9	23.0	9	23.0
Washington County <sup>‡</sup>	71,174	*	*	*	*	0	0	*	*	*	*
Westmoreland County	17,592	*	*	0	0	*	*	0	0	*	*
Wise County <sup>‡</sup>	43,092	12	27.8	*	*	5	16.2	6	13.9	*	*
Wythe County	29,016	0	0	*	*	*	*	0	0	0	0
York County	67,976	*	*	*	*	*	*	*	*	*	*
Alexandria City	155,810	15	9.6	7	4.5	8	5.1	9	5.8	6	3.9
Bristol City <sup>‡</sup>	71,174	0	0	0	0	*	*	0	0	0	0
Buena Vista City <sup>‡</sup>	35,889	*	*	*	*	*	*	*	*	*	*
Charlottesville City <sup>‡</sup>	153,790	5	9.1	6	6.5	*	*	*	*	*	*
Chesapeake City	237,940	25	10.5	30	12.6	19	8.0	13	5.5	20	8.4
Colonial Heights City <sup>‡</sup>	356,781	*	*	0	0	*	*	*	*	*	*
Covington City <sup>‡</sup>	21,113	0	0	0	0	0	0	0	0	0	0
Danville City <sup>‡</sup>	103,585	16	18.3	9	12.6	10	10.6	5	7.7	13	17.4
Emporia City <sup>‡</sup>	17,011	0	0	0	0	0	0	0	0	0	0
Fairfax City <sup>‡</sup>	1,176,830	0	0	0	0	0	0	0	0	0	0
Falls Church City <sup>‡</sup>	1,176,830	*	*	*	*	0	0	0	0	0	0
Franklin City <sup>‡</sup>	26,363	*	*	0	0	*	*	*	*	*	*
Fredericksburg City	28,297	*	*	5	17.7	*	*	*	*	6	21.2
Galax City <sup>‡</sup>	21,882	*	*	*	*	9	45.7	*	*	0	0
Hampton City	135,410	17	12.6	10	7.4	*	*	9	6.6	9	6.6
Harrisonburg City <sup>‡</sup>	132,822	*	*	*	*	*	*	*	*	*	*
Hopewell City <sup>‡</sup>	92,462	*	*	*	*	*	*	*	*	7	7.6
Lexington City <sup>‡</sup>	35,889	0	0	0	0	0	0	0	0	0	0
Lynchburg City	80,212	*	*	9	11.2	5	6.2	9	11.2	8	10.0
Manassas City <sup>‡</sup>	512,608	*	*	*	*	*	*	*	*	*	*
Manassas Park City <sup>‡</sup>	512,608	0	0	0	0	0	0	0	0	0	0
Martinsville City <sup>‡</sup>	64,890	0	0	0	0	*	*	0	0	0	0



Lacalita	2016	Oct 2	2017	Nov	2017	Nov	2017	Jan 2	2018	Feb 2018	
Locality	Population Estimate	Count	Rate	Count	Rate	Count	Rate	Count	Rate	Count	Rate
Newport News City	181,825	5	2.7	11	6.0	7	3.8	5	2.7	6	3.3
Norfolk City	245,115	25	10.2	25	10.2	18	7.3	12	4.9	15	6.1
Norton City <sup>‡</sup>	43,092	0	0	*	*	*	*	0	0	*	*
Petersburg City <sup>‡</sup>	92,462	0	0	*	*	*	*	*	*	0	0
Poquoson City	12,017	0	0	0	0	*	*	0	0	0	0
Portsmouth City	95,252	9	9.4	15	15.7	16	16.8	10	10.5	12	12.6
Radford City <sup>‡</sup>	116,085	*	*	*	*	*	*	*	*	*	*
Richmond City	223,170	35	15.7	37	16.6	30	13.4	35	15.7	36	16.1
Roanoke City <sup>‡</sup>	219,240	18	13.2	32	20.1	23	16.9	10	7.8	16	11.4
Salem City <sup>‡</sup>	219,240	6	13.2	*	*	8	16.9	*	*	*	*
Staunton City <sup>‡</sup>	121,247	*	*	*	*	*	*	5	9.1	*	*
Suffolk City	89,273	7	7.8	*	*	*	*	*	*	*	*
Virginia Beach City	452,602	20	4.4	34	7.5	22	4.9	22	4.9	21	4.6
Waynesboro City <sup>‡</sup>	121,247	*	*	*	*	*	*	*	*	*	*
Williamsburg City	15,214	0	0	0	0	0	0	0	0	0	0
Winchester City <sup>‡</sup>	111,937	6	12.5	8	13.4	10	16.1	12	15.2	6	9.8
VIRGINIA TOTAL	8,411,808	656	7.8	707	8.4	628	7.5	596	7.1	593	7.0

<sup>†</sup> Population based on 2016 U.S. Census estimates available at <a href="www.census.gov/popest/">www.census.gov/popest/</a>

<sup>‡</sup> The rate per 100,000 population for each locality within a combined group is based on the aggregated total population of the combined group. Refer to <u>Appendix 1</u> for the list of localities that are combined.

<sup>\*</sup> Visit counts of 1 to 4 and rates with numerators of 1 to 4 are suppressed to maintain confidentiality and accurate rate calculations.



**Table 1C**. Count and Rate per 100,000 Population of ED Visits for Unintentional Overdose by Opioid or Unspecified Substance among Virginia Residents by Month and Virginia State Police Division, Most Recent 5 Months<sup>†\*§</sup>

VSP Division	2016	Oct 2017		Nov 2017		Dec 2017		Jan 2018		Feb 2018	
V3P DIVISION	Population Estimate	Count	Rate								
Division 1	1,414,861	162	11.4	147	10.4	157	11.1	120	8.5	134	9.5
Division 2	844,936	75	8.9	76	9.0	69	8.2	81	9.6	81	9.6
Division 3	657,948	39	5.9	50	7.6	38	5.8	50	7.6	42	6.4
Division 4	436,105	46	10.5	40	9.2	53	12.2	37	8.5	33	7.6
Division 5	1,823,149	124	6.8	140	7.7	98	5.4	86	4.7	97	5.3
Division 6	773,566	90	11.6	103	13.3	91	11.8	84	10.9	96	12.4
Division 7	2,461,243	120	4.9	151	6.1	122	5.0	138	5.6	110	4.5
VIRGINIA TOTAL	8,411,808	656	7.8	707	8.4	628	7.5	596	7.1	593	7.0

<sup>†</sup> Population based on 2016 U.S. Census estimates available at <a href="https://www.census.gov/popest/">www.census.gov/popest/</a>

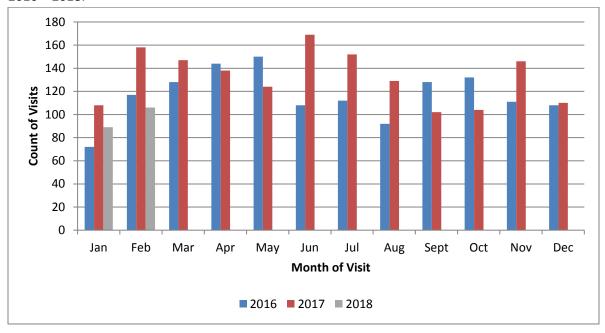
<sup>\*</sup> Visit counts of 1 to 4 and rates with numerators of 1 to 4 are suppressed to maintain confidentiality and accurate rate calculations.

<sup>§</sup> Virginia State Police Divisions available at <a href="http://www.vsp.state.va.us/Office">http://www.vsp.state.va.us/Office</a> Locations.shtm

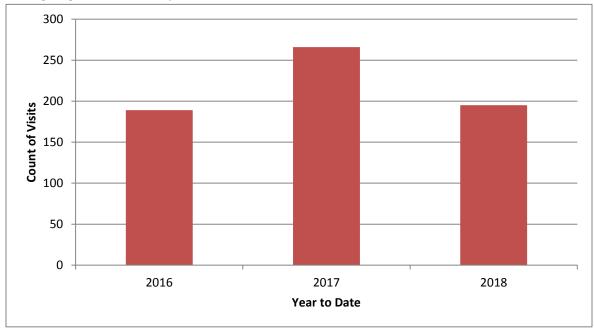


### **Emergency Department Visits for Unintentional Overdose by Heroin among Virginia Residents**

**Figure 2A**. Count of ED Visits for Unintentional Overdose by Heroin among Virginia Residents by Month, 2016 – 2018.

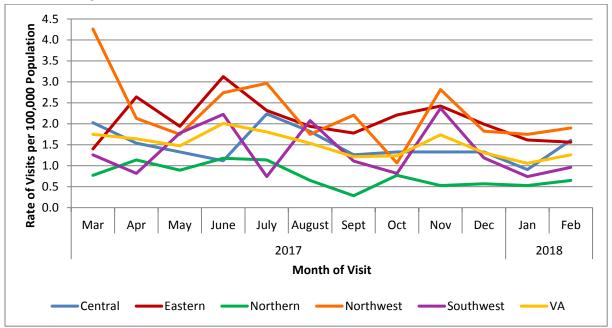


**Figure 2B**. Year-to-Date Count (January-February) of ED Visits for Unintentional Overdose by Heroin among Virginia Residents by Year.

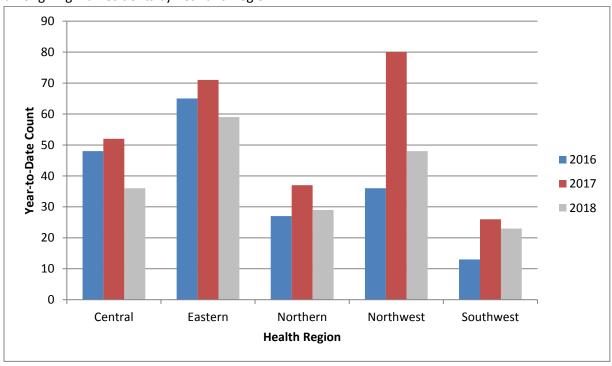




**Figure 2C**. Rate of ED Visits for Unintentional Overdose by Heroin among Virginia Residents by Month and Health Region, Most Recent 12 Months.

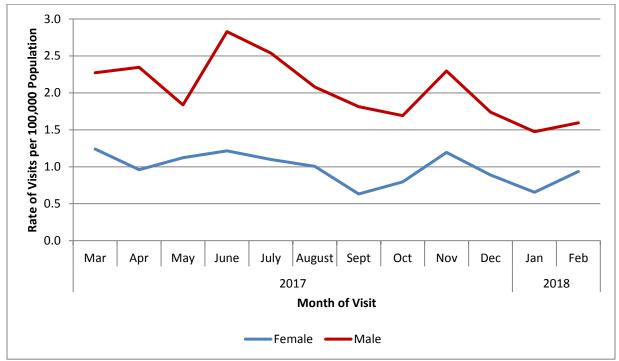


**Figure 2D.** Year-to-Date Count (January-February) of ED Visits for Unintentional Overdose by Heroin among Virginia Residents by Year and Region.

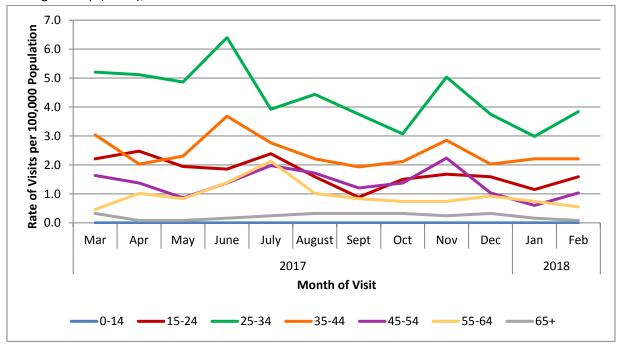




**Figure 2E**. Rate of ED Visits for Unintentional Overdose by Heroin among Virginia Residents by Month and Sex, Most Recent 12 Months.



**Figure 2F**. Rate of ED Visits for Unintentional Overdose by Heroin among Virginia Residents by Month and Age Group (Years), Most Recent 12 Months.





**Table 2A**. Count and Rate per 100,000 Population of ED Visits for Unintentional Overdose by Heroin among Virginia Residents by Month and Health District, Most Recent 5 Months<sup>†\*</sup>

Haalah District	2016	Oct 2	2017	Nov	2017	Dec 2	2017	Jan 2	2018	Feb 2	2018	5-month	Average
Health District	Population Estimate	Count	Rate	Count <sup>^</sup>	Rate								
Alexandria	155,810	*	*	0	0	*	*	0	0	0	0	1	0.5
Alleghany	179,082	*	*	12	6.7	*	*	*	*	*	*	5	3.0
Arlington	230,050	*	*	*	*	*	*	5	2.2	0	0	2	1.0
Central Shenandoah	296,650	*	*	*	*	0	0	*	*	*	*	1	0.4
Central Virginia	260,232	0	0	0	0	*	*	*	*	0	0	1	0.3
Chesapeake	237,940	5	2.1	*	*	6	2.5	11	4.6	7	2.9	6	2.7
Chesterfield	385,224	6	1.6	*	*	9	2.3	5	1.3	5	1.3	6	1.5
Chickahominy	155,278	*	*	*	*	*	*	*	*	*	*	2	1.2
Crater	155,665	*	*	0	0	0	0	0	0	*	*	1	0.9
Cumberland Plateau	106,666	0	0	0	0	0	0	0	0	0	0	0	0.0
Eastern Shore	45,086	0	0	0	0	0	0	0	0	0	0	0	0.0
Fairfax	1,176,830	7	0.6	5	0.4	7	0.6	5	0.4	7	0.6	6	0.5
Hampton	135,410	*	*	5	3.7	*	*	0	0	*	*	3	2.1
Henrico	326,501	*	*	9	2.8	*	*	*	*	6	1.8	5	1.5
Lenowisco	89,201	0	0	0	0	0	0	0	0	0	0	0	0.0
Lord Fairfax	232,295	*	*	6	2.6	6	2.6	9	3.9	7	3.0	6	2.7
Loudoun	385,945	*	*	0	0	*	*	0	0	*	*	1	0.3
Mount Rogers	189,178	0	0	0	0	0	0	0	0	0	0	0	0.0
New River	182,876	0	0	*	*	*	*	0	0	0	0	0	0.2
Norfolk	245,115	9	3.7	9	3.7	9	3.7	8	3.3	6	2.4	8	3.3
Peninsula	351,436	*	*	*	*	0	0	0	0	*	*	2	0.5
Piedmont	102,752	*	*	*	*	0	0	*	*	0	0	1	1.0
Pittsylvania-Danville	103,585	0	0	0	0	0	0	0	0	0	0	0	0.0
Portsmouth	95,252	6	6.3	10	10.5	10	10.5	6	6.3	5	5.2	7	7.8
Prince William	512,608	7	1.4	*	*	*	*	*	*	5	1.0	5	0.9
Rappahannock	360,830	8	2.2	16	4.4	6	1.7	5	1.4	8	2.2	9	2.4
Rappahannock-Rapidan	175,151	*	*	7	4.0	8	4.6	5	2.9	*	*	5	2.7
Richmond City	223,170	*	*	*	*	*	*	*	*	6	2.7	4	1.7
Roanoke	99,660	7	7.0	15	15.1	8	8.0	*	*	7	7.0	8	7.8
Southside	82,127	0	0	0	0	0	0	0	0	*	*	0	0.2
Thomas Jefferson	249,537	*	*	6	2.4	*	*	*	*	5	2.0	4	1.5
Three Rivers	140,950	0	0	*	*	0	0	*	*	*	*	2	1.1
Virginia Beach	452,602	12	2.7	10	2.2	7	1.5	*	*	*	*	7	1.5
West Piedmont	138,882	0	0	*	*	*	*	*	*	*	*	2	1.4
Western Tidewater	152,232	*	*	*	*	*	*	*	*	*	*	2	1.1
VIRGINIA TOTAL	8,411,808	104	1.2	146	1.7	110	1.3	89	1.1	106	1.3	111	1.3

<sup>†</sup> Population based on 2016 U.S. Census estimates available at <a href="https://www.census.gov/popest/">www.census.gov/popest/</a>

<sup>\*</sup> Visit counts of 1 to 4 and rates with numerators of 1 to 4 are suppressed to maintain confidentiality and accurate rate calculations.

<sup>^</sup> The 5-month average count was rounded to the nearest integer.



**Table 2B**. Count and Rate per 100,000 Population of ED Visits for Unintentional Overdose by Heroin among Virginia Residents by Month and Virginia State Police Division, Most Recent 5 Months<sup>†\*§</sup>

VSP Division	2016 Population	Oct 2017		Nov 2017		Dec 2017		Jan 2018		Feb 2018	
VSP Division	Estimate	Count	Rate								
Division 1	1,414,861	19	1.3	27	1.9	20	1.4	13	0.9	25	1.8
Division 2	844,936	11	1.3	27	3.2	20	2.4	19	2.2	19	2.2
Division 3	657,948	*	*	5	0.8	*	*	5	0.8	7	1.1
Division 4	436,105	0	0	0	0	0	0	0	0	0	0
Division 5	1,823,149	43	2.4	42	2.3	37	2.0	29	1.6	26	1.4
Division 6	773,566	11	1.4	32	4.1	16	2.1	10	1.3	13	1.7
Division 7	2,461,243	19	0.8	13	0.5	14	0.6	13	0.5	16	0.7
VIRGINIA TOTAL	8,411,808	104	1.2	146	1.7	110	1.3	89	1.1	106	1.3

<sup>†</sup> Population based on 2016 U.S. Census estimates available at <a href="https://www.census.gov/popest/">www.census.gov/popest/</a>

<sup>\*</sup> Visit counts of 1 to 4 and rates with numerators of 1 to 4 are suppressed to maintain confidentiality and accurate rate calculations.

<sup>§</sup> Virginia State Police Divisions available at <a href="http://www.vsp.state.va.us/Office">http://www.vsp.state.va.us/Office</a> Locations.shtm



#### **Appendix 1**

Virginia Localities Combined for the Purposes of Rate Calculation per 100,000 Population

- Alleghany County and Covington City
- Albemarle County and Charlottesville City
- Augusta County, Staunton City, and Waynesboro City
- Chesterfield County and Colonial Heights City
- Frederick County and Winchester City
- Fairfax County, Fairfax City, and Falls Church City
- Grayson County and Galax City
- Greensville County and Emporia City
- Henry County and Martinsville City
- Montgomery County and Radford City
- Pittsylvania County and Danville City
- Prince George County, Hopewell City, and Petersburg City
- Prince William County, Manassas City, and Manassas Park City
- Roanoke County, Roanoke City, and Salem City
- Rockingham County and Harrisonburg City
- Rockbridge County, Buena Vista City, and Lexington City
- Southampton County and Franklin City
- Washington County and Bristol City
- Wise County and Norton City